



THE RIDER

Trinity United Methodist Church

May 2015

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PASTOR'S CORNER: GO MAKE OF ALL DISCIPLES

REV. TERESA KEEZEL

“GO MAKE OF ALL DISCIPLE,” WE HEAR THE CALL, O LORD
THAT COME FROM THEE, OUR FATHER, IN THY ETERNAL
WORD.

INSPIRE OUR WAYS OF LEARNING THROUGH EARNEST,
FERVENT PRAYER,
AND LET OUR DAILY LIVING REVEAL THEE EVERYWHERE.

“Go therefore and make disciples of all nations,
baptizing them in the name of the Father, and the
Son, and the Holy Spirit, teaching them to observe
all that I have commanded you; and lo, I am with
you always, even to the end of the age.”

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When was the last time that you made a disciple for Jesus? When was the last time that you verbally shared your experience of Jesus with someone? Was it over coffee? Was it at dinner? Was it from your desk? How did you broach the subject? How did you introduce him? What about him speaks the loudest for you?

Disciples are not made in a day. Nor are they made in a year. Discipleship takes time. It also takes proximity. You have to be close enough and close enough long enough for the Word and the heart to take root. Who was the last person you invested that much of your love and intention with?

CONTINUED ON PAGE 2

NEWSLETTER DEADLINE

Please have all news, pictures and articles to the office no later than Wednesday, May 20 for inclusion in the June newsletter.

You can send items by email to trinity@trinity-umc.com or drop off in the "Church Secretary" hallway mailbox.



Go MAKE OF ALL DISCIPLES, CONTINUED FROM PAGE 1

The command to use is not just to share the love of God. Though this our command. Love is necessary to make a disciple. Disciples choose. In Methodist thinking, disciples are "loved" into a relationship. Disciples are not made by threatening or frightening some in. Who did you love? How did God use you to heal them? To inspire them? To woo them?

If you can't answer, think about that.

The last thing Jesus teaches us; his last breath on earth is a call to remember him, to be his disciples by making more disciples.

"GO MAKE OF ALL DISCIPLES," WE WELCOME THY
COMMAND.

"LO I AM WITH YOU ALWAYS," WE TAKE THY GUIDING HAND.
THE TASK LOOMS LARGE BEFORE US; WE FOLLOW WITHOUT
FEAR;

IN HEAVEN AND EARTH THY POWER SHALL BRING GOD'S
KINGDOM HERE.

CHURCH PICNIC

Who wants to go on a picnic? Some of us are try to planning a church picnic. We have gotten permission to set up pop-up canopies down at the boat ramp in Pocahontas Park. Someone has volunteered to run the grill. I am looking for a few people who will go down after Sunday school and set up a few tables and stuff. Someone else has volunteered to drive the church van back and forth. Starting Memorial Day, the cost to enter the park is \$7.00 per vehicle so we will be driving the van for those who want to ride it. Others have volunteered to help anyone who wants to learn how to fish. I am looking for some bamboo that I can make simple fishing poles from. If you have any bamboo, please let me know. This first weekend in June, the state lets anyone fish in Virginia waters without a fishing license. So....I will be sending around clipboards asking if you are interested in coming and if you are open to bringing a side or chips or cookies. We will take orders for hamburgers and hotdogs. The church will provide the meat! Fish --don't fish. Come and sit and laugh with us. If you are part of a 'go out to eat group' come sit with us after you eat. It is a church picnic. PRAY for nice weather. Dress casual. And bring your laughter.



OFFICE CLOSURES IN MAY

The office will be closed on Monday, May 25 in honor of Memorial Day.

The Pastor will be out of the office May 19-21.

The secretary will be out of the office and the office will be closed on Friday, May 29.

MUSIC CALENDAR HIGHLIGHTS

RECOGNITION OF OUR VETERANS

May 21 • 7 pm

At Thursday Nite Lite

Followed by reception

Please send bio of your Armed Forces service to piano4mom@gmail.com, and plan to wear uniform (if possible).

A love offering for Wounded Warrior Project will be taken.

CHILDREN'S PLAY

May 31

10 am Joint Service

Followed by whole-church luncheon

Dress rehearsal: May 30 from 9-11 am

CHERUBS/ANGELS END OF YEAR CELEBRATION

Wednesday, June 3

Picnic on the Playground

YOUTH JAM

November 20-21

Plan ahead and put it on your calendar now!

MAY MUSIC NEWS

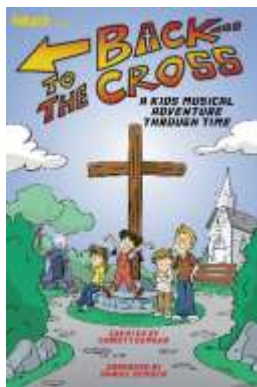
PAT MADISON, DIRECTOR OF MUSIC

Where has the year gone? It is time once again to say thanks to all who have helped so much with the music programs here at Trinity. Our Wednesday night program has been so exciting this year with an average of 24 children attending each Wednesday night.

Our Drumming class was started this year and with the help of Pat Shrader and Nick Ruxton we have had so much fun and improved our skill with Nick's instruction and creativity. Drums are fun and we hope to see more drummers next fall!



Our Cherub Choir has been our largest group and their favorite thing is playing rhythm instruments. We also love to sing as you will see on Mother's Day, May 10. The leaders of this group have been amazing with stories and crafts and games. Thanks to Janet Collins for organizing books and crafts this year and to Kathy Ruxton for Story Time. A special thanks to Michelle Sawyer, Jackie Sawyer, Stephanie Griffith, Kelly Cawthorn, Mary Palmer, Bertelle Bunyard, and Emilee Bailey and all others who have helped to feed and take care of this beautiful group of children.



Our Angel Choir is an amazing group! Deborah Napolitano has lead the Bible Study and they have been very engaged with the lesson material presented to them. They are also such great singers. We have been working on our presentation for May 31. We will be presenting "Back to the Cross" at a joint 10 am service. Come and travel in the "time machine" with us as we learn about the significance of the cross and how we can be better followers of Christ.

Thanks also to Lana Lefferts, Lori Poythress, and Pat Shrader who help with this group. We will be singing on Mother's Day, May 10. We will also meet on Saturday, May 16, at the church at 10 am to work on our mission project. If you have questions about this, see me or Deborah Napolitano.

The final meeting for Cherubs and Angels will be June 3 with a picnic on the playground. All parents are invited and asked to bring a dish to share. Drinks will be provided. Future cherubs are also welcome!

CONTINUED ON PAGE 4

CONFIRMATION CLASS 2015

On Sunday, April 19, six of our youth were confirmed in their faith and into full membership of the United Methodist Church.

Hannah Donithan

Christopher Fallin

Gabriel Comayagua

Logan Mills

Rodney Rasmussen

Ava Walker

WORSHIP COMMITTEE MEETING

The next regularly scheduled Worship Committee Meeting will be Tuesday, June 2 at 7:30 pm in Classroom 1.

YOUNG AT HEART: CALLING ALL VETERANS!

The Young at Heart Fellowship Group would like to invite you to a luncheon in your honor.

Please come on Wednesday, May 20 at 11 am to the Education wing. Bring your stories to share, and allow us to show you how much your service is appreciated.

Contact Deborah with any questions.

MAY MUSIC NEWS (CONTINUED)

CONTINUED FROM PAGE 3

Thanks to Pat Shrader, our chimers have made great progress this year. They will be ringing for services on May 10 and May 31. This is a great way to teach your child how to read music. Please consider this when you are planning activities next fall.

Odyssey will be participating in Youth Sunday, May 17. Although this is a small group, they are delightful to work with. I hope we will build in numbers next year. Youth Jam will be November 20 and 21 so put those dates on your calendar.

The Trinity Chancel Choir will be leading the Thursday Night Lite Service on May 21 which is the Thursday before Memorial Day. The service will include a short musical presentation of patriotic music and a time to honor those who have served our Country. If



you have served in the Armed Forces, send me a bio of your service to piano4mom@gmail.com. Please plan to attend and if possible wear your uniform. A reception will follow the service and a love offering will be taken to be donated to the Wounded Warrior Project. Please join us for this tribute "In God We Trust".

A note to Angels and Parents that we will be rehearsing the play every Wednesday during music and every Sunday at 5 pm until the play on May 31. We also have a dress rehearsal on Saturday, May 30 from 9 to 11 am. All Angels need to be there for costuming and to work with musicians that day! We welcome any parents who would like to stay and help!

May 31 is a joint 10 am service with the children's play followed by a picnic on the grounds. Chicken and drinks will be provided. We ask the congregation to bring a side dish to share which could be a salad, vegetable, casserole, or dessert. Please join us for a wonderful presentation by our children and the fellowship which follows.

I want to thank all of you for your support of the music programs at Trinity whether you are participants, parents, leaders, or supportive members of the congregation. It is a privilege to serve as we raise our instruments and voices in song to the Lord. May you all have a blessed summer! Pat

THE YOUTH CONNECTION: MAY YOUTH NEWS

KRYSTAL COFER

MAY MEETINGS

May 3

meeting 5-6:15

May 10

no meeting

Happy Mother's Day!

May 17

no evening meeting

meeting for those on missions
after service

May 24

meeting 5-6:15

May 31

meeting 5-6:15



YOUTH SUNDAY

Sunday May 17 is Youth Sunday. It will be a combined service for the youth to lead us all in worship that day. We hope to see everyone there.

YARD SALE

Saturday May 2 the youth will be working with other church members on the YARD SALE. This will be to help offset cost of youth events throughout the year including Willow Run and Blackstone.

MISSIONS

June 14-20 the Youth will go to Union Beach, New Jersey.

This summer youth groups will have the opportunity to continue the relief efforts in Monmouth County helping to rebuild the blue collar town of Union Beach, NJ, where some 85% of the homes were affected by the storm.

The cost for the week is \$289 and does not include 5 meals on own.

We currently have the need for two deposits of \$100 for our youth. If you would like to sponsor part of a deposit or a meal please contact Krystal.



SENIORS

We have two graduating Seniors: Nicole Hatcher and Joe Kump. A few weeks left for their senior year please keep them in your prayers.

THANK YOU

We are so blessed to have such a giving congregation. This past Sunday we made 150 lunches and took extra drinks and sandwiches to homeless living in Monroe Park area. The people there were so appreciative.



WORLD MALARIA DAY

We took a few youth out on 4/25/15 to raise funds for Imagine No Malaria campaign. We took a picture of our efforts in the rain and it made the VA conference Instagram page! Thank you to those who are still giving for efforts to raise for mosquito nets.



UNITED METHODIST WOMEN

LANA LEFFERTS, UMW PRESIDENT

All ladies of Trinity are invited to attend our meeting on Thursday, May 14 at 7 pm.

Our VP, Maggie Wilson, has a speaker lined up for us from her aquatic's club, Debbie Kelo. She will be discussing health issues for women of all ages. Please come and join us for an evening of vital information! Refreshments will be provided.

TRINITY UNITED METHODIST MEN



The next regular meeting of the Trinity United Methodist Men will be held on May 2 at 8 am here at the church in the Sanctuary. Come join us for breakfast, fellowship and a business meeting to plan our TUMM activities.

PRAYER SHAWL

Join us in our new location on May 19 at 6:30 pm. We now meet in Classroom 1 (aka the 3-5 grade class). All are welcome!

ONE HARVEST



The deadline for ordering in person-Thursday, April 30 or on line Wednesday, May 6 at midnight. Distribution is on Saturday, May 16.

See the back of the newsletter for this month's menu.

SHERBOURNE FOOD FOCUS



The Sherbourne Food Focus for May is Cereal.

Also, you can join us on the second Saturday of each month at 9 am at Sherbourne UMC to bag food. Contact Deborah Napolitano with any questions!

MAY CHILDREN'S FELLOWSHIP

REMINDER!

Bring your bike, trike or scooter, your helmet and a friend and let's roll. Races, games, snacks and lots of fun, we will plan for a racing good time riding around. Hope to see you there! *Weather Permitting*

Friday, May 15

6:00 – 7:30 PM

Back parking lot

(Parents, please park in front of the church)



May Children's Fellowship JOYFUL BIKE RIDE



Please note this event is weather permitting!

FRIDAY, MAY 15

6pm – 7:30 pm

Bring your bikes, trikes and scooters to church. The back parking lot will be blocked off so that they can enjoy taking a spin with their friends. Children of all ages are welcome to come and bring along their friends!!! A hotdog supper will be served.

UMCOR KITS FOR ANNUAL CONFERENCE

Every year the Trinity United Methodist Women (UMW) participate in the kits for conference drive for Annual Conference. The kits are basic items gathered for the United Methodist Committee on Relief (UMCOR) for worldwide distribution. There are five types of kits: birthing kit, school kit, baby/layette kit, sewing kit and health kit. Trinity UMW will be putting together two types of kits for collection at Annual Conference in June.



HEALTH KIT ITEMS:

- 1 Hand Towel (15x25 inches to 17x27inches) Kitchen, cleaning and micro fiber towels are unacceptable
- 1 washcloth
- 1 comb (Comb needs to be sturdy and longer than 6 inches, no pocket combs or picks please)
- 1 metal nail file or nail clippers. No emery boards please
- 1 bath size soap 3 oz or more. No Ivory or Jergens soap due to moisture content. Do not remove from original wrapping.
- 1 toothbrush (adult size only) Do not remove from original packing.
- 6 adhesive bandages (¾ to 1 inch size) Common household band-aids.
- 1 plastic re-sealable gallon bag.
- TOOTHPASTE IS ADDED BY UMCOR TO MAINTAIN FRESHNESS.

SCHOOL KIT ITEMS:

- 1 pair blunt scissors (rounded tip only/no plastic scissors)
- 3 pads of paper (spiral or top bound pads; 150 sheets or less of loose-leaf paper can be substituted for 1 pad; a combination of spiral top-bound, side-bound, or loose-leaf is acceptable)
- 1 hand-held pencil sharpener (must be at least one inch long; remove from packaging).
- 1 30-centimeter ruler (hard or flexible, cartoon characters are acceptable, no advertisements please)
- 6 unsharpened pencils, (no advertisements, religious, patriotic, military, or camouflage symbols please; cartoon characters are acceptable.)
- 1 2- inch or larger size eraser (No advertisements, religious, patriotic, military or camouflage symbols, please: Cartoon characters are acceptable.)
- 1 24-count box of crayons (no more/no less).
- 1 14 x 16 inch cloth bag (homemade or purchased bags are both acceptable; heavy duty fabric only, such as denim, corduroy, drapery fabric etc.; No advertisements, religious, patriotic, military, or camouflage symbols please; closures are optional, but must be buttons, snaps, or Velcro sewn in middle of opening if used.)

The UMW would like to invite everyone to participate in this year's kits for conference drive. Items will be due on Sunday, May 10, 2015 (MOTHER'S DAY). You may want to collect a few of the listed items or complete an entire kit. All items must be new. Any monetary donations will be used to complete the kits or to pay for processing and shipping. The average cost of a health kit is \$12, and the school kit is \$11. Because of the strict rules in other countries, please do not add items not listed or put more than the listed quantity. Personal notes or cards are also not allowed. Please place items in designated boxes in the hall. The UMW will inventory donations and add any items needed to complete the kits. Thank you for prayerfully considering this project. The full list of UMCOR kits can be found at umcor/kits. For further information or questions contact helensawyerrn2@yahoo.com

Trinity UMC People Page

BIRTHDAYS

Help us update our information; if your birthday is this month and you are not listed, please notify the office so we won't miss you again!

- May 1** Susanne Brown
- May 2** Jennifer Johnson
Wesley Carl
- May 3** Neil Moran
- May 6** Branden Beck
- May 7** Joan Foster
Rosa Lee Coleburn
- May 8** Brenda Contreras
- May 9** Ann Pettigrew
Harold Harvey
- May 11** John Schneider
- May 13** Troy Potvin
- May 14** Brandon Hatcher
- May 17** John Thomas
Tyler Leinberger
- May 20** Terry Lefferts
- May 21** Cole Leinberger
- May 22** Hunter Watson
Marshall Dunn
- May 24** Glennice Carney
- May 25** Ava Walker
Robert Napolitano III
- May 27** Mildred Sellers
- May 28** Mike Parrish
Robert Napolitano

MAY SERVANTS OF WORSHIP

OFFERING TELLERS

- May 3 & 10** Pat Shrader & Debbie Turner
- May 17 & 24** Aubrey Tarkington & Dana Potter
- May 31 & June 7** Flo Gray & Ted Soto

NURSERY WORKERS

- May 3** Janet Collins & Carol Sanders
- May 10** Dawn Makins (one more volunteer needed)
- May 17** Angie Rasmussen (one more volunteer needed)
- May 24** (volunteers needed)
- May 31** Dawn Makins (one more volunteer needed)

USHERS

- May 3 & 17** Ron Gray, John Morris, Bob Cassada, Bill Foster
- May 10 & 24** Danny Mizelle, Kim & Carol Pratt, Faye Cormier
- May 31** TBD



Regular Sunday Schedule

8:30 am Contemporary Service • 9:45 am Sunday School
 11 am Traditional Service • 4 pm Odyssey & Chimes
 4 pm Disciple IV • 5 pm Treble Clefs • 5 pm Youth Group

May 2015

If you have items to add to the calendar,
 please let the office know

Regular Wednesday Schedule

5:30 pm World Drumming • 5:45 pm Children's Choirs
 7 pm Men's Chorus • 7:30 pm Choir

by email to trinity@trinity-umc.com or phone at 748-2439.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 6:30 am Yard Sale Setup 8 am Yard Sale 8 am UMM
3 <i>Regular Sunday Schedule</i> 2 am SPR	4 7 pm Boy Scouts 7 pm Belles	5 7 pm Praise Team	6 <i>Regular Wed. Schedule</i> 10:30 am Young at Heart	7 7 pm AA	8	9 9 am Sherbourne
10 MOTHER'S DAY <i>Regular Sunday Schedule</i> No Youth	11 6:30 pm Cub Scouts 7 pm Boy Scouts 7 pm Trinity Belles	12 6:30 pm Cub Scouts 6:30 pm Finance 7 pm Praise Team	13 <i>Regular Wed. Schedule</i>	14 7 pm UMW 7 pm AA	15 6 pm Children's Fellowship	16 8 am OneHarvest Distribution 10 am Angel Missions Morris Funeral
17 YOUTH SUNDAY 9 am Sunday School 10 am Joint Service 11 am Youth Mission Meeting No Youth	18 7 pm Trinity Belles 7 pm Boy Scouts	19 6:30 pm Prayer Shawl 7 pm Praise Team	20 NEWSLETTER DEADLINE <i>Regular Wed. Schedule</i> 11 am Young at Heart 6:30 pm BSA District Leaders Meeting	21 7 pm AA 7 pm Thursday Nite Lite	22 5:15 pm UMFS	23 10 am Boy Scout Parent Meeting
Pastor Out of Office						
24 <i>Regular Sunday Schedule</i>	25 MEMORIAL DAY OFFICE CLOSED 7 pm Boy Scouts	26 6:30 pm Cub Scouts 7 pm Praise Team	27 <i>Regular Wed. Schedule</i>	28 7 pm Administrative Council 7 pm AA	29 OFFICE CLOSED	30 9 am Children's Play Rehearsal
31 9 am Sunday School 10 am Joint Service 11 am Luncheon No music practices						



MAY 2015 MENU

No restrictions or limitations!
Anyone can order

#1 FAMILY BOX \$37.50

- 1.5 lb Pork Center Cut Loin Filet Mesquite BBQ Flavor
- 1.5lb Avg. Boneless Skinless Chicken Breast
- 1.5 lb Boneless Center Cut Pork Chops
- 1.667 lb Hamburger Patties (5 patties)
- 2 lb Avg. Breaded RTC Cut-Up Chicken (Bone-In)
- 1 lb Smoked Sausage
- 1 lb Premium Ground Beef
- 1 lb Premium Breakfast Sausage
- 32 oz Shoestring French Fries
- 14 oz Frozen Peas & Carrots
- 16 oz Frozen Mixed Vegetables
- 16 oz Frozen Italian Cut Green Beans
- 1 lb Whole Grain Brown Rice
- 8 oz Jiffy Buttermilk Biscuit Mix
- 8.5 oz Cornbread Muffin Mix
- (4) 3.95 oz Personal Size Apple Pies

#2 MORE THAN ENOUGH BOX \$46.00

- 1.5 lb Pork Center Cut Loin Filet Mesquite BBQ Flavor
- 3 lb Avg. Split Chicken Breast Bone In
- 1 lb Breaded Chicken Breast Filets
- 16 oz Hot Italian Sausage Grillers OR 1.3 lb Chicken Legs
- 1.5lb Avg. Boneless Skinless Chicken Breast
- 1.5 lb Boneless Center Cut Pork Chops
- 1.667 lb Avg. Beef Hamburger Patties (5 patties)
- 2 lb Avg. Breaded RTC Cut-Up Chicken (Bone-In)
- 1 lb Smoked Sausage
- 1 lb Premium Ground Beef
- 1 lb Premium Breakfast Sausage
- (4) Sausage & Biscuits Twin Pack
- 32 oz Shoestring French Fries
- 16 oz Frozen Peas & Carrots
- 16 oz Frozen Mixed Vegetables
- 16 oz Frozen Italian Cut Green Beans
- 16 oz Spaghetti Noodles
- 14.5 oz Box Aunt Jemima Buttermilk Pancakes
- 1 lb Whole Grain Brown Rice
- 8 oz Jiffy Buttermilk Biscuit Mix
- (4) Personal Size Cherry Pies

#4 FRESH FROZEN VEGGIE BOX \$27.00

ALL ITEMS IN THE BOX ARE FRESH FROZEN

- 11b FF Strawberries
- 11b FF Sliced Carrots
- 11b FF Broccoli Florets
- 11b FF Mixed Vegetables
- 11b FF Sliced Yellow Squash
- 11b FF Speckled Butter Beans
- 11b FF Field Peas with Snaps
- 11b FF Green Peas
- 12 ct Frozen Southern Biscuits
- 11b FF Corn on the Cob
- 11b FF Green Peas and Carrots
- 11b FF Vegetable Gumbo
- 11b FF Breaded Okra
- 11b FF White Shoepg Corn
- 11b FF Stir-Fry Mixed Vegetables
- 11b FF Green Beans

**CHURCH AND ONLINE ORDER DEADLINE
WEDNESDAY MAY 6, 2015 11:59PM EST
DISTRIBUTION DATE SATURDAY MAY 16**

#3 GOLDEN GOURMET EXPRESS MEALS 10 MEALS FOR \$29.95 (MSG FREE)

Easy to prepare in a conventional oven, microwave or toaster oven

Single Portion, Diabetic and Cholesterol Friendly

- Mesquite Chicken in Barbeque Sauce over a Black Bean & Rice Blend with Carrots & Green Beans
- Country Herb Chicken Breast with Gravy, Mashed Potatoes, Green Beans & Carrots
- Meat Lasagna, Green Beans & Cauliflower.
- Lemon Pepper Baked Fish, Green Beans, Cauliflower & Yellow Squash
- Chicken Ala King – Chicken Breast pieces, Vegetables & Sauce over Bowtie Pasta, Cheesy Cauliflower & Spinach & Chickpeas
- White Turkey & Dressing with Gravy, Corn & Green Beans
- Chicken & Rice with Mushroom Sauce with Swiss Cheese, Broccoli & Carrots
- Salisbury Steak with Gravy, Roasted Red Skin Potatoes, Peas & Carrots & Cauliflower
- Meat Loaf Patty, Mashed Potatoes, Brussel Sprouts & Corn
- Spaghetti & Meatballs with Broccoli & Black Bean Blend

#5 PORK CHOP SPECIAL \$32.00

10 lbs Boneless Center Cut Pork Chops

#6 PREMIUM GRILLING SPECIAL \$49.95

- (4) 10 oz USDA Select T-Bone Steaks (2.5 lbs)
- (4) 8 oz. Choice Cut USDA Sirloin Steaks (2 lbs)
- 3.75 lbs Choice Cut Bone In Pork Chops

#7 PRECOOKED BREADED FISH STICKS \$26.00

10 lbs Precooked Breaded Fish Sticks

#8 KIDS BOX \$29.00

Microwavable, heat and serve or shelf stable items

- (4) Cheeseburger Sliders
- (4) Chicken & Cheese Stromboli Sandwich
- 14.5 oz Aunt Jemima Pancakes
- (4) Sausage & Biscuit Twin Packs
- (4) Egg, Sausage & Cheese Flatbreads
- (4) Egg White McMuffin w/Cheese & Canadian Bacon
- (4) Cheese Quesadilla
- (4) Sausage, Egg & Cheese
- (4) Turkey Italian Subs
- 18 oz Peanut Butter
- (4) Personal Size Cherry Pies

#9 BONELESS SKINLESS CHICKEN BREAST \$29.50

10lbs Seasoned Boneless Skinless Chicken Breast
(Seasoned with sea salt, natural flavors, onion powder, garlic powder, paprika)

#10 HAMBURGER PATTIES \$26.50

8 lbs Hamburger Patties – 24 patties 5.33oz each

#11 BREADED CHICKEN CHUNK \$21.50

10lb Ready to Cook Breaded Chicken Chunks

VISIT OUR ONLINE STORE TO SEE OUR ONLINE SPECIAL

Dessert Box \$29.00

details available at www.oneharvest.com

**Find a location OR
Order online at: www.oneharvest.com**

***Item weights are approximate. In the event of a shortage, items may be substituted.*

