



THE RIDER

Trinity United Methodist Church

April 2015

Volume MMXV Issue III

6600 Greenyard Road
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www.trinity-umc.com

www.facebook.com/TUMC.Chester

PASTOR'S CORNER

REV. TERESA KEEZEL

EASTER

Do you believe that there was something special about Jesus?

Christianity doesn't have a good reputation with young people right now. They see the judgementalism of the church at large and how out of step the church can be with the present time and wonder if there is a place for church in their lives today.

Easter – Jesus' resurrection – was the answer to the skepticism in Jesus' day. Jesus shared a ministry of openness to people. He talked about God's love and forgiveness. The perspective he gave was so different from what the religious establishment of the day was saying, that people questioned 'on what authority' he spoke. Could he really speak for God?

Jesus' resurrection was God's answer to this question. Initially, Jesus' resurrection had nothing to do with the question of future generations coming back from the dead. Jesus' resurrection was a witness to the people of that time that God backed Jesus.

This is why Jesus showed up all over the place after he died. People, all kinds of people, needed to see Jesus for themselves. Then they could and did declare: have you seen what God has done!



EMAIL DIRECTORY

Church Office

trinity@trinity-umc.com

Pastor • Rev. Teresa Keezel

trinityrev@trinity-umc.com

Music Director • Patricia Madison

piano4mom@gmail.com

Interim Praise Team Leader •
Turner Wilkes

Twilkes86@hotmail.com

Prayer Group

kevinquinley@verizon.net

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NEWSLETTER DEADLINE

Please have all news, pictures and articles to the office no later than Sunday, April 19 for inclusion in the May newsletter.

You can send items by email to trinity@trinity-umc.com or drop off in the "Church Secretary" hallway mailbox.



CONFIRMATION

REV. TERESA KEEZEL

How do God's people respond to God's affirmation of Jesus?

God bringing Jesus back from the dead is His affirmation that Jesus is from him. God's resurrection of Jesus affirms that Jesus' message of forgiveness and love is how God is trying to build relationships with us. Jesus' Father uses the rules to help us stay on track. The rules, however, are not the end game. They are one of the means. Jesus' Father is harsh and punishing. God, in fact, is willing to bear the largest part of the burden and punishment in order to build and maintain a relationship with us.

Confirmation is God's people's response to Jesus' resurrection. We echo God's affirmation. We ask people if they believe in Jesus and are ready to claim his the advocate and example. If they accept God's witness of Jesus and accept that the witness that Jesus gave is a way of life they can embrace, we confirm them.

At both services on April 19, our young people will affirm their faith and become confessing member of Christ's assembly. At whichever service the youth attend, they will help lead worship and declare their faith. I hope that you will come and affirm your faith as well.



OFFICE CLOSURES IN APRIL

The office will be closed for Easter on Good Friday and Easter Monday (April 3 & 6).

The office will also be closed on Friday, April 10.

Please plan your office needs accordingly.

**CLOSED
FOR EASTER**



GONE FISHTIN'

REV. TERESA KEEZEL

The weekend of June 5-9 is a weekend in Virginia when anyone can fish in VA waters without a fishing license.



To celebrate this holiday and to enjoy witness and fellowship, the church is holding a cookout and fishing trip that Sunday at Pocahontas State Park.

Following the 11 am service, we are inviting people to gather down at the boat ramp for hamburgers and fishing. Anyone with a supply of bamboo, please let the office know. We will make fishing poles to share.

So please set the date aside. Pray for a nice day. And make plans to join us at the fishing hole.

UMM BOSTON BUTT SALE

JOHN MORRIS



The Methodist Men will again be offering "Boston Butts" for sale in April.

This will be an opportunity to purchase 5-6 pounds of tasteful roast pork which will make great Barbeque for only \$25 each, in addition to assisting the Methodist Men raise funds to support our many missions and numerous church projects.

As was the case last year, the meat will be cooked by Sibley's Barbeque and will be available for pickup on Sunday, April 12.

More information will be forthcoming in the church bulletin and announcements. We truly appreciate your support for this fundraiser.

Thanks, John

ANYBODY GOT A DIME?

REV. TERESA KEEZEL

Wow! As we all know the last couple of months have been extremely cold. This month we received an electric bill for over \$2,000.

A bit extreme.

I am sure that we have all received shocking bills. But if you could spare an extra \$5, \$20 or whatever, to go towards the electric bill, this generosity will be greatly appreciated!

ANYBODY GOT A FREE AFTERNOON?

REV. TERESA KEEZEL

Like all buildings our building needs constant repairs. James Benfield, our present chair of Building and Ground has gotten a day job and lives in Hopewell.

Sometimes, the Church needs someone who can be here to meet a repair worker. If you would be will to help out with this, please contact James Benfield by either emailing him at taijutsu123@yahoo.com, or call the office and we will forward the message to James.

TOILETS?

REV. TERESA KEEZEL

Have you ever considered how many times a week a toilet gets flushed? Ours are in rather constant use. If you are open to being a toilet "on call" person, or a person who wouldn't mind called the plumber and meeting him at church, please contact James Benfield at taijutsu123yahoo.com or the office.

BUILDING AND GROUNDS CONTACTS

| | |
|------------------------------------|--|
| James Benfield, Chair | taijutsu123@yahoo.com |
| Cindy Frey, Janitor Coordinator | cindyrd@comcast.net |
| Karen Sismour, Kitchen Coordinator | kjsismour@verizon.net |
| Wayne Haley, Grounds | wfhaley@verizon.net |
| Gary Morrissett, Light Bulbs | morrissett@gmail.com |

THURSDAY NIGHT LITE

STARTS THURSDAY, APRIL 23,
2015

CINDY FREY



Join us for our Kickoff of Thursday Night Lite beginning Thursday evening, April 23 at 7pm. Remember our theme is LITE so don't worry if you haven't had time to feed the kids we will have light snacks following the service.

Don't worry if you are not sure what to wear, the weather is getting warmer so wear something LITE, jeans and tennis shoes are welcome.

Most importantly come to the service with a LITE mind and LITE spirit and we will do our best to provide a service to lighten the end of your week.

We will sing, we will fellowship with one another and each week will have a different theme or message that we hope will lighten the spirits of Trinity. If you would like to join our start up group as we move forward with this end of the week service please email Cindy Frey at cindyrd@comcast.net

We can't wait to see you on April 23!

APRIL MUSIC NEWS

PAT MADISON, DIRECTOR OF MUSIC

Many thanks to all the participants and supporters of our talent night March 13. I have been told that it was one of the best we have ever put together. A special thanks to Ted Soto who provided us with music as we ate the delicious soups and sandwiches brought by volunteers. The cakes and cupcakes were amazing. It was a great night of fun and fellowship. We are so blessed to have such talent and dedication in our congregation. From the display of art work, the set design, to the hours of practice by participants, my heartfelt thanks to you all. Can't wait to see what the "Oreos" plan for next year! About \$1000 was raised which will be divided by the youth and the music department. Thank you so much for your support!

Our Wednesday evening Cherubs and Angels are having great fun learning songs, playing instruments, learning Bible stories and making crafts, and eating pizza! Just a reminder that due to the school's spring break, we will not be meeting the Wednesday after Easter, April 8. Our Sunday afternoon groups will not meet on Easter Sunday but will resume classes on the following Sunday. We are all working on the Children's service on May 31. Please plan to join us for a special service followed by a church picnic on the grounds.



Thanks to the Trinity Chancel Choir for their service on March 15 of the "Song Everlasting". I thank you for your hard work and dedication. After Easter we will be rehearsing and planning for our Thursday night Service on May 21. Since this is directly before Memorial Day weekend, we will be presenting songs from "In God We Trust" and other patriotic songs. More details later.

The Angels will have a mission project on May 2. Please meet at the church at 10 am for the fun and for the joy of sharing. Our project might be a little messy so wear old clothes! Angels put May 2 on your calendar now and make plans to be a part of this activity.

Blessings, Pat



CHILDREN'S MINISTRY

STEPHANYE FUINA

EGG HUNT THANKS

Thank you to everyone who helped cook, set up and clean-up for the Easter Egg Hunt and Luncheon.



Your help was greatly appreciated. A special thank you to our friend the Easter Bunny for taking the time to come and visit with us and for the generous candy donations. We hope everyone enjoyed the fellowship fun.

UNITED METHODIST WOMEN

LANA LEFFERTS, UMW PRESIDENT

Attention all ladies of Trinity! The UMW will meet April 9 at 7 pm. Please come and join us to learn more about this group and our missions. We will have refreshments so come join in our discussions on how to raise funds for missions through the UMW. Hope to see you there.

IMPORTANT SECURITY NOTE

Everyone has a part in church security. Please, please:

If you unlock a door to enter the church, please lock it behind you

If you unlock a door for a group, please lock when you are done, or make sure there is a designated door locker - just because there are other people in the church doesn't mean they know the door is unlocked

When you exit, please make sure the doors close firmly behind you

We have had a sharp uptick in doors being left unlocked, or even propped open, in addition to lights being left on.



MARK YOUR CALENDARS FOR VBS!

Planning has begun for VBS 2015. Our Everest Adventure will begin July 19 and will end with closing ceremonies at Base Camp on July 23! We are excited about this new VBS adventure. There will be amazing music, fun crafts and lots of yummy treats to eat.

Our mission this year is to collect non-perishable food items to support the many TUMC community missions efforts to help stop hunger! Keep an eye out for registration forms and donation needs!

Pre-registration is appreciated but not required. All friends ages 2-12 are welcomed. Volunteers are needed! Please contact Amanda or Stephanye at childrensministry@trinity-umc.com if you are interested in helping or if you have VBS questions.



MAY CHILDREN'S FELLOWSHIP



REMINDER! Gear up for the upcoming May Children's Fellowship! Bring your bike, your helmet and a friend and let's roll. Races, games, snacks and lots of fun, we will plan for a racing good time riding bikes. Hope to see you there! *Weather Permitting*

A NOTE FROM TRUSTEES

MAURICE LINKOUS, CHAIRMAN

AN OPEN MEETING ANNOUNCEMENT TO THE TRINITY CONGREGATION

Trinity Church is blessed in having a composition of people who possess a variety of talents often used to protect and maintain the church building, grounds and parsonage. Many times these things are done without recognition but with appreciation. It's not unusual for the same persons to be called upon several times each year.

Things get done because people care about the condition and appearance of God's house of worship.

If you fall into this category you are invited to a trustee's meeting 7 pm April 21 with the purpose of educating the trustees regarding your talent and your willingness to "volunteer" or join James Benfield as "member" of building and grounds or Gary Morissette "Parsonage" as to certain aspects of repair and maintenance.

If you have limited time, this will be the first agenda item and if need be feel free to leave immediately afterward. Your attendance will be appreciated.

YOUTH NEWS

KRYSTAL COFER

3-2-1

Thank you all for those who supported by purchasing and assisted the youth in Mulch Delivery. We had a forklift to use courtesy of Maury Beck. Lee and Joe Kump came with their trailer to help take over three pallets per trip. Jack and Sherri Ball were there bright and early pulling a trailer and carrying bags. Bruce Edmiston rented an uhaul trailer! We had Stephanie Fuina, Mary Palmer, and Hailey all lifting and helping delivery bags as well. The lunch was donated courtesy of Renee Sandlin and a huge thank you for Jennifer Walker and Angie Rasmussen helping prepare it. The weather was beautiful and really helped having those extra hands.

MEETINGS

3/29 no meeting – Palm Sunday – Easter Picnic – please help set up

4/5 no meeting – Easter

4/12 no meeting – DYC Elections please see Maggie

4/19 – 5-6:15 Youth Meeting

4/26 no afternoon meeting; Monroe Park feeding after Sunday School

LET'S GO TO JERSEY!

Looking for an additional male to travel with us to Union Beach New Jersey! We will be traveling north to aide in those homes impacted by Hurricane Sandy. We are gone from June 14 - 20. The event is run by Team Effort and our free day we are looking at visiting New York City. If you would like to volunteer or have additional questions please see Krystal or contact coferkr@vcu.edu.

SIP YOUR WAY TO SAVING LIVES: APRIL 25

The VA conference is asking all to participate in a local lemonade stand. This is part of the Imagine No Malaria initiative. We are looking at being out at Ironbridge Park or other another sports event venue. This is not a Youth only event – the whole church has a place in this! Please contact Krystal if you know where to have a stand.





www.oneharvest.com

ONE HARVEST

The deadline for ordering in person-Thursday, April 2 or on line Wednesday, April 8 at midnight. Distribution in Saturday, April 18.

See the back of the newsletter for this month's menu.



SHERBOURNE FOOD FOCUS

The Sherbourne Food Focus for April is Peanut Butter.

Also, you can join us on the second Saturday of each month at 9 am at Sherbourne UMC to bag food. Contact Deborah Napolitano with any questions!

KAIROS 53

Maury Beck

Hello again Trinity Church Family. It is that time of year again; Kairos at Greenville Correctional Center is almost upon us – April 23-26, 2015. Check out the new website: <http://kairosgrccs2.org/>

BAKING

The team will need about 5000 cookies for Food Agape for the weekend. If you feel so inclined to have your Sunday School class or any other community group bake cookies, please feel free to do so. We welcome them!

It is very important that you go by the Kairos Cookie Recipe and instructions. Copies are available online at <http://kairosgrccs2.org/> or printed copies are available in the narthex.

PRAYING AND CREATING

While you are baking and packaging, please pray over these cookies that God will use them to change lives for Christ. Kids can get involved, too; place mats or posters that they draw are welcomed. We are also seeking prayer volunteers for a prayer vigil. You can sign up at the Kairos website: <http://kairosgrccs2.org/>, or you can just sign your first name on the prayer chain clip board in the narthx to pray anytime during the weekend

TEAMING AND GOING

We need a team of 35 people to pull off Kairos. We are seeking anyone interested in teaming – or just volunteering or attending the closing ceremony. Come check it out on April 11, or contact Maury for more information. It is a very powerful experience.

DEADLINES

I need the COOKIES, POSTERS, and PLACEMATS by April 21. You can leave them in the kitchen. Contact me (Maury) know at 804/393.1504 with any questions. As always God Bless You for working in his Kingdom.



YARD SALE

KAREN POOLE

It's that time of year again when you need to begin collecting your "disposable treasures" to donate to the church for our annual yard sale, sponsored by the Fellowship Class on May 2 from 8 am - noon.

We are raising money to purchase building supplies for three mission trips this summer: the mature adult team, the young adult team, and the youth team. We need lots of help, especially from 6:30 - 8 am to help carry out tables and items and then again at noon to help carry tables back inside the church.

On Sunday, April 26, we will set up stations around the Sanctuary and ask that you pre-sort your items to the proper station, so that we can carry them outside and quickly set up "departments" around the parking lot that morning. Please do not bring items prior to that Sunday - we have no place to store them, and as you can see, all classrooms are used by various groups during the week. Remember, we are looking for items that still have lots of good life in them and would be appealing to a new owner. Please no old TV's or computer - they are not sellable items. Yes, we would love to have clothing of all kinds.

PRAYER SHAWL

PAM SOTO

Happy Spring! That is the way most of us feel but for some it is not so. Whether it be illness, death, depression, surgery, etc. folks may not feel cheerful and happy. That is where a prayer shawl may be of benefit. It can provide warmth, comfort, support, peace and a tangible wrapping of the person in God's love. Please contact Pam Soto or Janet Collins or any member if you would like one for someone.

We continue to provide fleece blankets for the kids at UMFS (both boys and girls now). They really do love them. They look forward to seeing the new person's blanket. One visit the young girl wrapped in it and never took it off the entire time we were there. They have suffered various forms of abuse and that simple blanket can be a security for them and something that is theirs alone.

We will meet in April but not sure what dates so stay tuned to the bulletin. Thanks to all who participate but I would like to especially thank Renee Sandlin for the numerous blankets she has provided for UMFS. I sure appreciate the church's support of this ministry and ask for your continued support and prayer.

A THOUGHT FOR TODAY

QUOTE BY UNKNOWN, SUBMITTED BY ED SISMOUR,
IMAGE COURTESY OF SEVENQUOTES.COM



Three things you cannot recover in life:
the **WORD** after it's said,
the **MOMENT** after it's missed and
the **TIME** after it's gone.
Be Careful!

Trinity UMC People Page

BIRTHDAYS

Help us update our information; if your birthday is this month and you are not listed, please notify the office so we won't miss you again!

- April 3** Sherri Diven
- April 5** George Kingsley
Rod Scott
Bobby Donovan
Alyssa Sandlin
- April 8** Robin Stariha
- April 9** Vickie Beck
Patricia Murdock
Judy Scott
- April 10** Cody Short
- April 11** Sherry Farrow
- April 12** Dean Rasmussen
- April 14** Alan Rouze
- April 16** Rachel Sismour
- April 19** Chase Watson
Diane Springfield
- April 20** Nicholas O'Shea
- April 21** Joseph Kump
- April 24** Brian Leinberger
Maury Beck
- April 26** Anthony Roach
- April 27** Bill Bailey
- April 28** Joshua Huff
- April 29** James Stariha
Terri Watson
Kevin Sandlin
- April 30** Jack Sismour
Jane Costello

APRIL SERVANTS OF WORSHIP

OFFERING TELLERS

- April 5 & 12** Karen Poole & Wayne Haley
April 19 & 26 Harold Saunders & Ed Boroch

NURSERY WORKERS

- April 5** Cindy Morris & Michelle Sawyer
April 12 Janet Collins & Rosie Tarkington
April 19 Kelly Cawthorn (one more volunteer needed)
April 26 (volunteers needed)

USHERS

- April 5 & 12** Allen & Crhis Fallin, Debbie Turner, Ann Wright
April 19 & 26 Tom Reis, Mary Palmer, Hannah Donithan, Bruce Edmiston

A NOTE OF THANKS

PAM SOTO

A million thanks to everyone for your prayers, concern, cards, calls, flowers, and food during these past two months that I have been trying to figure out what is wrong with me. It means so much to know others care. You amaze me with your generosity of spirit and the sharing of God's love.

Thanks, Pam Soto

PS: I would also like to thank Janet Collins for covering for me with Prayer Shawl and Sunday school week after week.

Regular Sunday Schedule

8:30 am Contemporary Service • 9:45 am Sunday School
 11 am Traditional Service • 4 pm Odyssey & Chimes
 4 pm Disciple IV • 5 pm Treble Clefs • 5 pm Youth Group

April 2015

If you have items to add to the calendar,
 please let the office know

Regular Wednesday Schedule
 5:30 pm World Drumming • 5:45 pm Children's Choirs
 7 pm Men's Chorus • 7:30 pm Choir

by email to trinity@trinity-umc.com or phone at 748-2439.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|--|---|
| | | | 1 <i>Regular Wed. Schedule</i> 6 pm Bible Study | 2 7 pm AA | 3 GOOD FRIDAY OFFICE CLOSED 7 pm Holy Week Communion Service | 4 8:30 am UMM |
| 5 EASTER SUNDAY 6:30 am Sunrise Service & breakfast 9:45 am Sunday School 11 am Traditional Service <i>No evening activities</i> | 6 OFFICE CLOSED 7 pm Boy Scouts | 7 7 pm Praise Team | 8 <i>No children's music</i> 10:30 am Young at Heart | 9 7 pm UMW 7 pm AA | 10 OFFICE CLOSED | 11 9 am Sherbourne 10 am Faith Class luncheon trip to Virginia Diner |
| 12 <i>Regular Sunday Schedule</i> 9:45 am Confirmation Class | 13 6:30 pm Cub Scouts 7 pm Boy Scouts 7 pm Trinity Belles | 14 6:30 pm Cub Scouts 7 pm Praise Team | 15 <i>Regular Wed. Schedule</i> 6:30 pm BSA District Leaders Meeting | 16 7 pm AA | 17 | 18 8 am OneHarvest Distribution |
| 19 CONFIRMATION NEWSLETTER DEADLINE <i>Regular Sunday Schedule</i> | 20 7 pm Trinity Belles 7 pm Boy Scouts | 21 Kairos Cookies Due 7 pm Praise Team 7 pm Trustees | 22 <i>Regular Wed. Schedule</i> | 23 7 pm AA 7 pm Thursday Nite Lite | 24 | 25 Lemonade Stand (No More Malaria) |
| 26 <i>Regular Sunday Schedule</i> | 27 6:30 pm Cub Scouts 7 pm Boy Scouts 7 pm Trinity Belles | 28 6:30 pm Cub Scouts 7 pm Praise Team | 29 <i>Regular Wed. Schedule</i> 10:30 am Young at Heart | 30 7 pm AA | | |
| Yard Sale Set up | | | | | | |



APRIL 2015 MENU

No restrictions or limitations!

Anyone can order

**CHURCH AND ONLINE ORDER DEADLINE
WEDNESDAY APRIL 8, 2015 11:59PM EST
DISTRIBUTION DATE SATURDAY APRIL 18**

#1 FAMILY BOX \$37.50

- 2 lb Avg. Chicken Thighs Bone-In
- 1.5-1.75 lb Avg. Boneless Skinless Chicken Breast
- 1.5 lb Boneless Center Cut Pork Chops
- 2 lb Avg. Breaded RTC Cut-Up Chicken (Bone-In)
- 1 lb Fully Cooked Breaded Veal Patties
- 1 lb Chicken Breast Sandwich Patties
- 2 lb All Meat Hot Dogs
- 1 lb Premium Ground Beef
- 1 lb Premium Breakfast Sausage
- 28 oz Crinkle Cut French Fries
- 16 oz Frozen Shoepeg Corn
- 16 oz Frozen Cut Broccoli
- 12 oz California Blend Vegetables
- 1 lb Spaghetti Noodles OR 1lb Brown Rice
- 1 lb Whole Grain White Rice
- 1 lb Quick Grits
- 8.5 oz Jiffy Corn Muffin Mix
- 8 oz Buttermilk Biscuit Mix
- 10 Ct. Red Velvet Cookies

#2 MORE THAN ENOUGH BOX \$46.00

- 16.8 oz Fully Cooked Boneless Pork Rib in BBQ Sauce
- 5 ct 5.33 oz Butterball Savory White Turkey Burgers
- 1.6875 lb Avg. Beef Hamburger Patties (9-3 oz)
- 1.3 lb Chicken Leg Drumsticks (Bone-In)
- 2 lb Avg. Chicken Thighs Bone-In
- 1.5-1.75 lb Avg. Boneless Skinless Chicken Breast
- 1.5 lb Boneless Center Cut Pork Chops
- 2 lb Avg. Breaded RTC Cut-Up Chicken (Bone-In)
- 2 lb All Meat Hot Dogs
- 1 lb Premium Ground Beef
- 1 lb Premium Breakfast Sausage
- 18 oz Peanut Butter
- 8 RTC Home-style Biscuits OR 16 oz Italian Green Beans
- 28 oz Crinkle Cut French Fries
- 16 oz Frozen Shoepeg Corn
- 16 oz Frozen Cut Broccoli
- 12 oz California Blend Vegetables
- 14 oz Instant Oatmeal
- 16 oz Quick Grits
- 1 lb Whole Grain White Rice
- 8.5 oz Jiffy Corn Muffin Mix
- (4) 3.95 oz Apple Pies Personal Size

#4 FRESH FROZEN VEGGIE BOX \$27.00

ALL ITEMS IN THE BOX ARE FRESH FROZEN

- 1lb FF Strawberries
- 1lb FF Sliced Carrots
- 1lb FF Broccoli Florets
- 1lb FF Mixed Vegetables
- 1lb FF Sliced Yellow Squash
- 1lb FF Speckled Butter Beans
- 1lb FF Field Peas with Snaps
- 1lb FF Green Peas
- 12 ct Frozen Southern Biscuits
- 1lb FF Corn on the Cob
- 1lb FF Green Peas and Carrots
- 1lb FF Vegetable Gumbo
- 1lb FF Breaded Okra
- 1lb FF White Shoepeg Corn
- 1lb FF Stir-Fry Mixed Vegetables
- 1lb FF Green Beans

#3 GOLDEN GOURMET EXPRESS MEALS

10 MEALS FOR \$29.95 (MSG FREE)

Easy to prepare in a conventional oven, microwave or toaster oven

Single Portion, Diabetic and Cholesterol Friendly

- Mesquite Chicken in barbeque sauce over a black bean & rice blend with carrots & green beans
- Country Herb Chicken Breast with gravy served with mashed potatoes, green beans & carrots
- Meat Lasagna pasta & beef blended with marinara sauce & mozzarella cheese served with green beans & cauliflower.
- Lemon pepper baked fish served on a bed of green beans with a side of cauliflower & yellow squash
- Chicken Ala King – Chicken Breast pieces with vegetables in sauce over bowtie pasta served with cheesy cauliflower & a blend of spinach & chickpeas
- White Turkey & Dressing with gravy, corn & green beans
- Chicken & rice with mushroom sauce with Swiss cheese, served with broccoli & carrots
- Salisbury Steak - Beef patty with gravy served on roasted red skin potatoes with peas & carrots & cauliflower
- Meat loaf patty with tangy tomato sauce on mashed potatoes served with Brussel sprouts & corn.
- Spaghetti & meatballs with broccoli & a black bean blend

#5 PORK CHOP SPECIAL \$32.00

10 lbs Boneless Center Cut Pork Chops

#6 PREMIUM GRILLING SPECIAL \$49.95

- (4) 10 oz USDA Select T-Bone Steaks (2.5 lbs)
- (4) 8 oz. Choice Cut USDA Sirloin Steaks (2 lbs)
- 3.75 lbs Choice Cut Bone In Pork Chops

#7 ROAST BOX \$46.50

- 2 lb Southwest Pork Roast
- 2 lb Seasoned Pork Roast
- 4 lb USDA Choice Sirloin Beef Roast (2 -2lb roasts)

#8 KIDS BOX \$29.00

Microwavable, heat and serve or shelf stable items

- (4) Cheeseburger Sliders
- (4) 5 oz Beef & Cheese Burritos
- (4) 4.25 oz Cheese Quesadilla
- (4) Sausage, Egg & Cheese Sandwiches
- (4) 5 in Turkey Ham & Cheese Sub Sandwiches
- (4) French Toast, Egg, Canadian Bacon & Cheese Sandwich
- (4) Egg & Cheese Flatbread Sandwiches
- (4) Sausage Biscuit Twin Pack
- (4) Fruit Cups with Cherries
- (4) Individual Apples Pies
- (4) BBQ Beef Sandwiches

#9 BONELESS SKINLESS CHICKEN BREAST \$29.50

10lbs Boneless Skinless Chicken Breast

#10 BREADED YELLOW FIN FLOUNDER \$24.50

10 lbs Breaded Yellow Fin Flounder

#11 DESSERT BOX \$26.00

- 8" Egg Custard Pie
- 8" Sweet Potato Pie
- 4 Mini Red Velvet Bundt Cakes
- 12 Double Chocolate Muffins
- 8" Coconut Custard Pie
- 8" Apple Crumb or Apple Pie
- 4 Mini Vanilla Bean Bundt Cakes

VISIT OUR ONLINE STORE TO SEE OUR ONLINE SPECIAL details available at www.oneharvest.com

Order online at: www.oneharvest.com

**Item weights are approximate. In the event of a shortage, items may be substituted.